



24 HOUR RULE: WHEN TO STAY HOME

The best way to prevent the spread of communicable diseases amongst our girls at Stuart is to follow the 24 hour rule. Sometimes it can be a difficult decision of when to keep your child home. Use the rules below to help make your decision easier. If you need assistance, please feel free to contact the health department at **609-921-2330 x 4122**

FEVER:

Any student with a temperature of 100 degrees or higher will be excluded from school and cannot return to school until fever free for a 24 hour time period without use of medication that reduces fever (ie. Acetaminophen, Ibuprofen). Body temperatures fluctuate throughout the day. Children will sometimes wake up fever free because the body has been at rest all night therefore the body temperature is lower. The fever will sometimes return once the child resumes regular activity. Please be sure to check your child's temperature several times throughout the day.

VOMITING:

Any student with vomiting will be excluded from school for 24 hours after they last vomited and should remain home until they have the ability to tolerate a normal meal.

STREP THROAT: (streptococcal infections)

Students must be on antibiotic therapy and remain fever free for 24 hours prior to returning to school.

PINK EYE: (Bacterial conjunctivitis)

Students need to be on antibiotic therapy for 24 hours and have no purulent discharge from the eye prior to returning to school.

COUGH:

If a student's cough significantly interferes with her or her classmate's ability to concentrate, she should remain home.

DIARRHEA:

Students with three or more watery stools in a twenty-four hour period should stay at home for 24 hours after the final watery stool.

KEEP GERMS OUT OF SCHOOL!