

## Summer Assignments - AP Psychology

HELLO!!!

Welcome to AP Psychology!

This will be an exciting time of learning about yourself and humanity in its biological, social, and psychological constructs. Please take a look below to find the assignments to prepare for the upcoming course. There are three assignments, but in addition to those, here are a few tips to follow this summer to increase success in the course over the school year.

Suggested:

Obtain a copy of a good review book. I recommend:

**BARRON'S - AP Psychology Premium, 2022 - 2023**

Or

5 STEPS to a 5 - 2022 AP Psychology

Take one of the practice AP Exams in the book. I recommend even taking one hour to do this, (which means you would not get through the entire exam, but it would give you a good survey of what the exam is like. Surveying things is a great tool for learning - we'll talk about this more in the year).

Log into the google classroom prior to the start of the school year, and check back often! As the summer moves on, you will see the classroom become populated with helpful items and information to make test prep easier and more engaging and enjoyable, (if it can be).

Required:

Order your textbook prior to August. You will need the book to complete your summer assignments. Textbook information below:

Here are the assignments to complete over the summer.

These assignments are due on our first day of class in September.

You can upload assignments to the google classroom prior to the first day of school.

Google Classroom Code: [owmovn2](#)

- A. Complete an analysis chart of an encounter with another person or of a significant event you encounter over the course of the summer, using *Psychology's 3 Main Levels of Analysis*
- B. Complete an exploration of psychological approaches using self as subject.
- C. Complete short summaries of important persons in Psychology.

## I. Psychology's Three Main Levels of Analysis

LOOK BELOW AND COMPLETE THE CHART.

[APPSY, UNIT 1] -

Pick one of the following situations that you will encounter over the summer:

- A challenging conversation or situation in which you were angry with someone or you left sad
- A recent political or social event
- A social event you attended where large groups of people participate in similar activities or behaviors

Use the different *levels of analysis* to talk talk about what is happening in the situation you have chosen.

### Summary of Event/ Situation

Please make sure to include time/ date/ persons involved/ subject of discussion:

Analysis of Biological Influences:	Analysis of Psychological Influences:	Analysis of Social-Cultural Influences
Biological Traits	Learned fears/ learned behaviors/ learned emotions/ learned expectations or desired outcomes	Peer and Group Influences
Impact of operation of Neurological Mechanisms	Emotional Behaviors that are modeled or replicated across time or culture	Impact of presence of others
Hormonal influences	Cognitive processes or interpretations or data/ events	Influences of family, cultural, or societal dynamics
Genetic Predispositions		Interpretation of family, cultural, or societal dynamics
		Compelling Models of behavior, belief, or feeling portrayed (for example in the larger society or media)

## II. Psychology's Approaches

Using the chart below and the index to your textbook, fill in the answers to the questions below. These questions ask about general concepts from each approach and then, ask you to apply each perspective to yourself using the application questions provided. Make a copy of this, and fill it out using Times Roman Font, 11ppt.

PERSPECTIVE	GENERAL CONCEPTUALIZATION	INDIVIDUAL APPLICATION
Behavioral	How do we learn how to behave?	In what ways could you have learned to be afraid of a place or a thing? How could you begin to alter that behavior?
Biological	How does the body and brain produce emotion, memory, and sensation? How do genetics and environment influence the ways in which we think, feel, and remember?	What connections do you see between the following personal traits and your family of origin, (genetics): <ul style="list-style-type: none"> <li>● mood tendencies</li> <li>● personality</li> <li>● your intellect or way of thinking</li> </ul>
Cognitive	How do we encode, process, store, and retrieve information?	Explain one process of thinking and using information you might use to make a decision or to solve a problem you face.
Evolutionary	How does natural selection promote the survival of genes?	Name one or two traits in your family of origin that seem linked to a genetic predisposition.

Humanistic	How do people go about meeting their needs for love and acceptance and self-fulfillment?	Describe two to three steps you take to gain love and acceptance from others? What do you believe is necessary for you to have to achieve your full potential in life?
Psychodynamic	What are some of the unconscious drives and internal conflicts that impact our behavior?	Tell me the tale of an unfulfilled desire you have, or in what way have you been impacted by a psychosocialemotional disorder (personally, either internally or within your family or community)? (300 words or less)
Social-Cultural	How does culture and the generational time impact behavior and cognition?	In what ways do you see yourself as the same as any other living human? In what ways do you experience yourself as uniquely different?

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### III. Overview of Historical Persons of Influence & Subfields of Psychology

In the chart below, you will find significant persons of influence. Please complete a short summary of each person indicating their psychological field/ research and how their contribution shaped the field. Short sentence summaries should be a minimum of 250 words to a maximum 350 words. Please include the following factors in your short summary:

1. Your Name: Last Name first, please
2. Name of Person studied
3. 1 -2 Life Facts, (such as schooling; impactful early life experience)
4. Their SubField of Study - the area of psychology they worked in. Please concisely define and describe the area of study.
5. The significant contributions they made in that subfield.
6. List of sources used in your research. For some of the contributors, you will have to use 1 - 2 other sources other than the textbook. Contributors that span ethical and gender lines have been included and may not be reflected in the textbook.

Here are two sources below to help you get started:

<https://www.activeminds.org/blog/10-african-african-american-psychologists-you-should-know/>

<https://aapaonline.org/about/history/#:~:text=The%20development%20of%20Asian%20America,n,Suinn%2C%20Frederick%20Leong%20and%20others.>

B.F. Skinner	
John B. Watson	
William James	
Mary Whiton Calkins	
Margaret Floy Washburn	
Edward Bradford Titchener	
Wilhelm Wundt	

Inez Beverly Prosser	
Albert Sidney Beckham	
Herman George Canady	
Richard Suinn	
Dr. Derald Sue	
Dr. Alice Chang	